



Rock Point Church
Rocky High | 10.5.25

Big Idea: To be truly accepted, you must be fully known.

John 4:1-29 (NIV)

⁴ Now he had to go through Samaria. ⁵ So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon.

⁷ When a Samaritan woman came to draw water, Jesus said to her, "Will you give me a drink?" ⁸ (His disciples had gone into the town to buy food.)

⁹ The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?"

¹⁰ Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."

¹¹ "Sir," the woman said, "you have nothing to draw with and the well is deep. Where can you get this living water?" ¹² Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?"

¹³ Jesus answered, "Everyone who drinks this water will be thirsty again, ¹⁴ but whoever drinks the water I give them will never thirst.

Indeed, the water I give them will become in them a spring of water welling up to eternal life.”

¹⁵ The woman said to him, “Sir, give me this water so that I won’t get thirsty and have to keep coming here to draw water.”

¹⁶ He told her, “Go, call your husband and come back.”

¹⁷ “I have no husband,” she replied.

Jesus said to her, “You are right when you say you have no husband. ¹⁸ The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true.”

¹⁹ “Sir,” the woman said, “I can see that you are a prophet. ²⁰ Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem.”

²¹ “Woman,” Jesus replied, “believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem.

²² You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. ²³ Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. ²⁴ God is spirit, and his worshipers must worship in the Spirit and in truth.”

²⁵ The woman said, “I know that Messiah” (called Christ) “is coming. When he comes, he will explain everything to us.”

²⁶ Then Jesus declared, “I, the one speaking to you—I am he.”

²⁷ Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, “What do you want?” or “Why are you talking with her?”

²⁸ Then, leaving her water jar, the woman went back to the town and said to the people, ²⁹ “Come, see a man who told me everything I ever did. Could this be the Messiah?”

John 4:39-42 (NIV)

³⁹ Many of the Samaritans from that town believed in him because of the woman's testimony, "He told me everything I ever did." ⁴⁰ So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. ⁴¹ And because of his words many more became believers.

⁴² They said to the woman, "We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Savior of the world."

- True acceptance requires the courage to be fully known.
- Real freedom comes from true acceptance.

GROUPS NOTES

1. What stood out to you most in this week's message, and why?
2. Read John 4:1–26. Why do you think it was significant that Jesus "had to go through Samaria" to meet this woman? How did Jesus use a simple conversation about water to reveal something much deeper about who He was?
3. Read John 4:27–29. How did the woman respond after her encounter with Jesus? What does her reaction teach us about courage and acceptance?
4. We all want to be truly accepted, so why do you think we struggle to be truly known? What are the greatest fears that keep people from being fully known?
5. How does knowing that Jesus already knows everything about you—including your worst moments—help you to accept His acceptance of you?

6. Where in your life do you tend to isolate instead of opening up? Read 1 John 1:9. How might confession or honesty with others lead to greater freedom in your life?
7. Pastor Rocky mentioned that when you think you're broken or unlovable, you see everything through that lens. Where might you need to change the lens through which you look at life and how others see you?
8. How could you practically take your mask off this week and be fully known with someone around you?