



Rock Point Church
Phil Whetstone | 3.23.2025

Ephesians 6:18-24 (NIV)

¹⁰ Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. ¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God.

¹⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. ¹⁹ Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make

known the mystery of the gospel,²⁰ for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

²¹ Tychicus, the dear brother and faithful servant in the Lord, will tell you everything, so that you also may know how I am and what I am doing. ²² I am sending him to you for this very purpose, that you may know how we are, and that he may encourage you.

²³ Peace to the brothers and sisters, and love with faith from God the Father and the Lord Jesus Christ. ²⁴ Grace to all who love our Lord Jesus Christ with an undying love.

Prayer - Our spiritual under armor

Let Him take the lead in prayer.

“And pray in the Spirit...”

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Pray all the time.

“...on all occasions...”

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“...on all occasions...”

Pray specifically.

“...with all kinds of prayers and requests...”

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“...on all occasions...”

Pray specifically.

“...with all kinds of prayers and requests...”

Keep on praying.

“Keep on praying for all the saints... “

Our prayers do not end when we end... they end when God's memory slips or He ceases to exist. Neither will ever happen. Therefore, our prayer has an eternal legacy.

Let Him take the lead in prayer.

“And pray in the Spirit....”

Pray all the time.

“...on all occasions...”

Pray specifically.

“...with all kinds of prayers and requests...”

Keep on praying.

“Keep on praying for all the saints...”

Pray for boldness, courage, & confidence.

“Pray also for me...Pray that I may declare it fearlessly...”

GROUPS QUESTIONS:

1. What stood out to you about this week’s sermon?
2. What does it mean to “pray in the Spirit on all occasions”? How can we allow the Holy Spirit to guide our prayers in daily life?
3. How do you think prayer strengthens and protects us in spiritual battles?
4. What does it look like in practice to allow God to lead your prayers, rather than simply presenting your own agenda?
5. How do you balance praying for your own needs with praying for the needs of others? How can we develop a habit of persistent prayer for others, even when we don’t see immediate results?

6. In what ways have you experienced the power of prayer—either personally or through someone else’s prayers for you?

7. Pastor Whetstone stated, “When we pray for the physical – the results are seen in the realm of the natural. When we pray for the spiritual – the results are seen in the eternal.” How can we pray more in the spiritual instead of just the physical?