



Genesis | Week 7
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BIG IDEA | Control your *appetite* or your *appetite* will control you.

APPETITES:

- **PROGRESS**
- **RESPONSIBILITY**
- **RESPECT**
- **SUCCESS**
- **COMFORT**
- **POSSESSIONS**
- **FAME**
- **ACHIEVEMENT**
- **TO BE ENVIED**

THREE TRUTHS ABOUT OUR APPETITES...

- 1. GOD *CREATED* THEM, BUT SIN *DESTROYED* THEM.**
- 2. APPETITES ARE NEVER *FULLY* AND *FINALLY* SATISFIED.**
- 3. YOUR APPETITE ALWAYS WHISPERS *NOW*, NEVER *LATER*.**

Genesis 25:27-32 (NLT)

²⁷ As the boys grew up, Esau became a skillful hunter. He was an outdoorsman, but Jacob had a quiet temperament, preferring to stay at home. ²⁸ Isaac loved Esau because he enjoyed eating the wild game Esau brought home, but Rebekah loved Jacob. ²⁹ One day when Jacob

was cooking some stew, Esau arrived home from the wilderness exhausted and hungry. ³⁰Esau said to Jacob, “I’m starved! Give me some of that red stew!” (This is how Esau got his other name, Edom, which means “red.”)

³¹“All right,” Jacob replied, “but trade me your rights as the firstborn son.”

³²“Look, I’m dying of starvation!” said Esau. “What good is my birthright to me now?”

IMPACT BIAS | YOUR *BRAIN* TAKES A SIMPLE AND BLOWS IT OUT OF PROPORTION.

FOCALISM: Your *brain* focuses your mind on *one thing* and blocks out everything else.

Genesis 25:33-34 (NLT)

³³ But Jacob said, “First you must swear that your birthright is mine.” So Esau swore an oath, thereby selling all his rights as the firstborn to his brother, Jacob.

³⁴ Then Jacob gave Esau some bread and lentil stew. Esau ate the meal, then got up and left. He showed contempt for his rights as the firstborn.

YOUR APPETITE ONLY KNOWS *ONE* WORD: *MORE*

YOUR APPETITE ONLY HAS *ONE* PLACE ON THE CALENDAR: *NOW*

Proverbs 29:18 (NLT)

¹⁸Where there is no vision, the people perish:
But he that keepeth the law, happy is he.

Galatians 5:16-17 (NLT)

¹⁶ So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.¹⁷ The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.