



All the Feels | Week 6 Bill Bush | 05.15.2021

Big Idea

Fear is managed by *WHOSE PRESENCE* we are in, not *WHAT PROBLEMS* we face.

Hippopotomonstrosesquippedaliophobia – The fear of long words
Aibohphobia – Fear of palindromes

Instead of fearing God and fighting the problem, we fear the problem and fight with God.

"True fear is a gift that signals us in the presence of danger; thus, it will be based upon something you perceive in your environment or your circumstance. Unwarranted fear or worry will always be based upon something in your imagination or your memory." – Gavin de Becker

God is our security *in* fearful moments, not *from* fearful moments.

Psalm 91:1-2 (NLT)

¹Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.

²This I declare about the Lord:

He alone is my refuge, my place of safety;
he is my God, and I trust him.

WHAT do we do when we're *gripped* with fear?

Focus on being in *His presence*, not fleeing *our problems*.

Psalm 91:3-13 (NLT)

³For he will rescue you from every trap
and protect you from deadly disease.

⁴He will cover you with his feathers.

He will shelter you with his wings.

His faithful promises are your armor and protection.

⁵Do not be afraid of the terrors of the night,
nor the arrow that flies in the day.

⁶ Do not dread the disease that stalks in darkness,
nor the disaster that strikes at midday.
⁷ Though a thousand fall at your side,
though ten thousand are dying around you,
these evils will not touch you.
⁸ Just open your eyes,
and see how the wicked are punished.
⁹ If you make the Lord your refuge,
if you make the Most High your shelter,
¹⁰ no evil will conquer you;
no plague will come near your home.
¹¹ For he will order his angels
to protect you wherever you go.
¹² They will hold you up with their hands
so you won't even hurt your foot on a stone.
¹³ You will trample upon lions and cobras;
you will crush fierce lions and serpents under your feet!

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HOW do we focus on His presence when facing fear?

1. *LOVE* Him: "love" is not the usual word "to cling to, to cleave, to be passionate."
2. *KNOW* Him: Let faith in his *WORD* not fear of the *WORLD*, drive you!
3. *CALL TO* Him: as a first response, not a last resort!

Psalm 91:14-16 (NLT)

¹⁴ The Lord says, "I will rescue those who love me.
I will protect those who trust in my name.
¹⁵ When they call on me, I will answer;
I will be with them in trouble.
I will rescue and honor them.
¹⁶ I will reward them with a long life
and give them my salvation."